



The Newport

VOL. 112 NO. 26 JUNE 29, 2012



Navalog

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Navy to assist Tall Ships here

Naval Station Newport personnel get involved in the Ocean State Tall Ships Festival 2012 next week in Newport.

—Page 2



July 4 parade includes Navy

Navy Newport and a visiting LSD will participate in the Bristol Fourth of July celebration next week.

—Page 3



Top instructor named at OTCN

A master chief at OTCN is honored as NETC's Senior Enlisted Instructor of the Year for 2011.

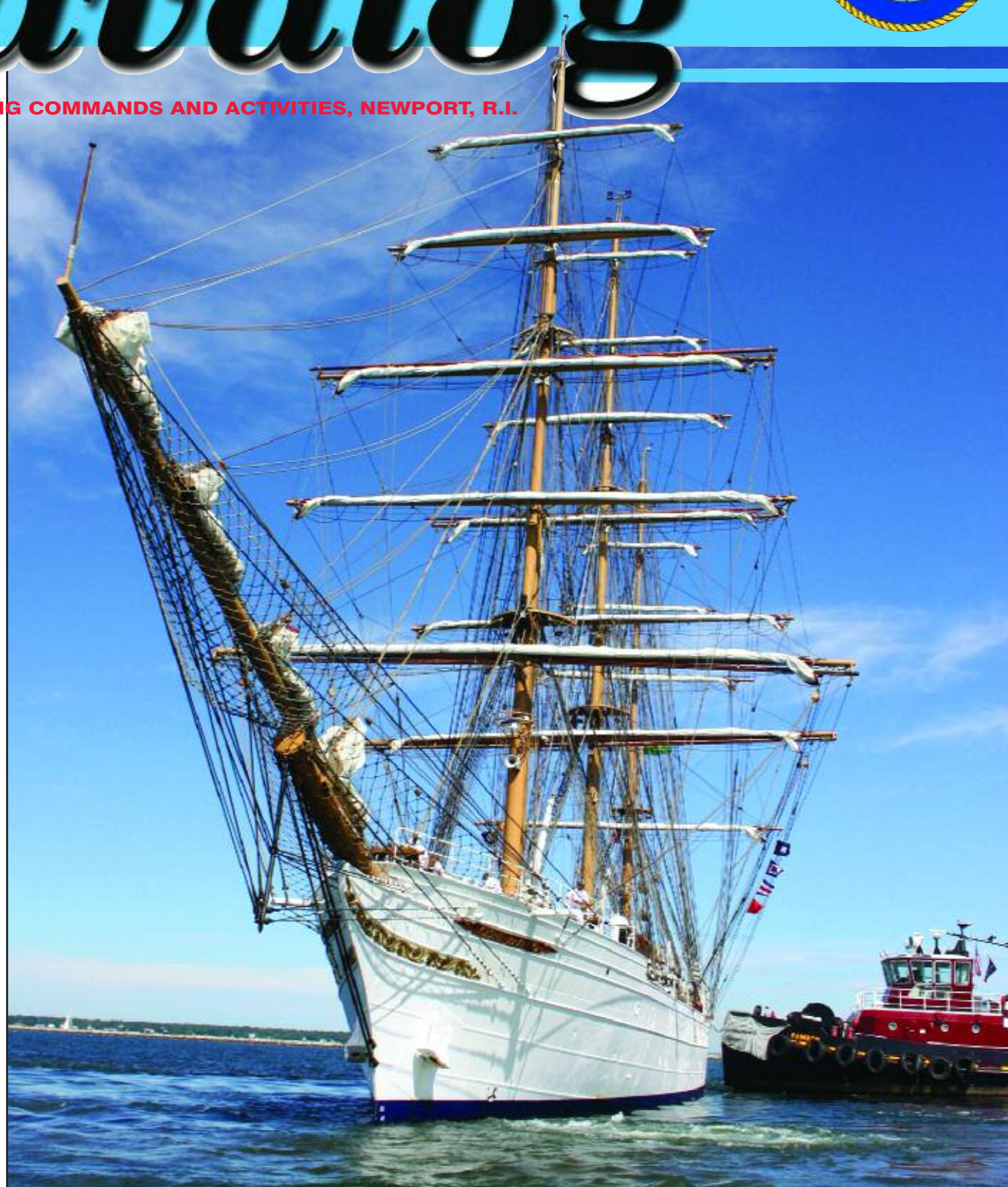
—Page 3



SWOS course gets reviewed

The Human Performance Requirements Review (HPRR) team assesses the Department Head course.

—Page 13



Tug pushes the 249-foot Tall Ship Cisne Branco from Brazil, participating in OpSail 2012, out into Narragansett Bay last Wednesday after a five-day port-of-call visit to Naval Station Newport. The clipper, which berthed at Pier 2, will participate in Fleet Week Boston next week. Story, pictures of her visit, Pages 10-12.

Greg Kohlweiss/U.S. Navy photo



The Lynx 15, an interpretation of an actual privateer named The Lynx built in Fell's Point, Md., in 1812. It was among the first ships to defend American freedom by evading the British fleet which was blockading American ports.



HMS Bounty, the classic square-rigger built for the 1962 movie, *Mutiny on the Bounty* and later featured in *Pirates of the Caribbean Dead Man's Chest*, is one of the largest and most famous tall ships in the world. It carries 18 sails and is 180 feet long.

Navy joins Tall Ship Festival

By **BOB KREKORIAN**
NAVSTA Public Affairs Staff, and
RICHARD ALEXANDER
Navalog editor

Naval Station (NAVSTA) Newport will actively participate in the Ocean State Tall Ships Festival 2012 in Newport, July 6-9, where at least 10 to 12 schooners, barques and brigantines will take up berths in Newport Harbor and along the waterfront.

Navy in Newport outreach events will promote education and awareness to the estimated 90,000 visitors. NAVSTA Newport and the Naval War College Museum will assist throughout the city in promoting the 200th anniversary of the War of 1812, the current status of the Navy, and NAVSTA.

The festival will feature exhibits, food, music and family entertainment. Families are welcome to board these sailing ships piersonside, and meet crews from all over the world. Admission fees will be charged at the ships.

NAVSTA will provide uniformed ship liaison officers, volunteering from installation tenant commands, to facilitate coordination and communication between the visiting ship captains and local support services. NAVSTA is also supplying linehandlers as the ships arrive the afternoon of July 5.

Among the ships expect-



The Unicorn, a former motor fishing vessel that was converted to a sailing ship in 1979, is sailed by an all-female teenage crew who are dependents of military service-members.

ed is the 110-foot Unicorn, which is sailed by teenage girls, ages 13 to 18, who are dependents of military service members.

The girls have a parent either on active duty or on active status in the armed services, including the National Guard, Reserves and the Coast Guard, and crew the sailing ship to honor their parents' service to the nation.

Teams of Sailors from NAVSTA will conduct flag folding demonstrations, "Honors to the Ensign," and various other demonstrations around Newport to promote the Navy and enhance the public awareness.

Navy Band Northeast is scheduled to perform at various venues throughout the event including a special concert on July 8 at 5

p.m. in Washington Square.

Capt. Douglas Mikatari-an, commanding officer, NAVSTA, will welcome audience members at this free concert and speak about the Navy's commemoration of the War of 1812.

The fleet of Tall Ships will leave Newport Harbor on July 9 starting at noon for a parade of sail up the East Passage past NAVSTA and the Naval Undersea Warfare Center shoreline, before turning south and out to sea and then north to Nova Scotia.

The parade will coincide with the Morale, Welfare

and Recreation Department's "Celebrate America" Concert on Dewey Field. Music will be by Wayz N Means, an R & B/disco/hip-hop/and funk group; and Navy Band Northeast. (More in Special Events).

Newport is the next to last stop for the Tall Ships Challenge Atlantic Coast 2012 which features races and cruises held at sea between Savannah, Ga., and Halifax, Nova Scotia, from May 3 to July 23. Port of call festivals were, or will be held, in Savannah, May 3-7; Greenport, N.Y., May 24-28; Newport, July 6 to 9; and Tall Ships Nova Scotia in Halifax, July 19-23.

Other ships expected are: Picton Castle, Mystic Whaler, Sir Martin II, Pride of Baltimore II, Peacemaker, Tree of Life, Lynx, Providence, Gazela, Summerwind, HMS Bounty and possibly the schooners Spirit of America and the Alabama.

For more information about the Ocean State Tall Ships Festival, contact Erin Donovan at (401)474-7009 or EDonovan@OceanState-TallShips.com or go to www.oceanstatetallships.com



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Capt. Douglas Mikatari-an
Commanding Officer, Naval Station Newport

Lisa Rama
NAVSTA Public Affairs Officer

Bob Krekorian
NAVSTA Public Affairs Staff

Greg Kohlweiss
NAVSTA Public Affairs Staff

Richard Alexander
NAVALOG Editor

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OTCN senior instructor recognized

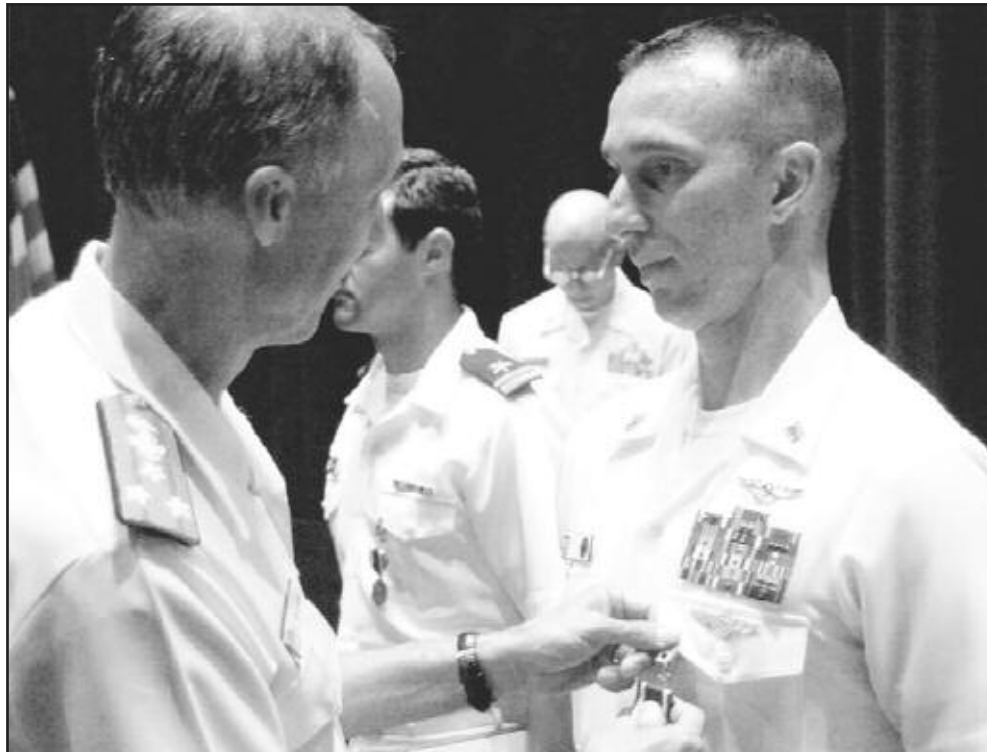
By S. VANDERWERFF
NETC Public Affairs

WASHINGTON — An instructor for Officer Training Command Newport at Naval Station Newport was among those announced by the Naval Education and Training Command (NETC) as 2011 Military Instructors of the Year (IOY) during a ceremony June 21 at the Navy Memorial.

The Senior Enlisted Instructor of the Year is Master Chief Aviation Machinist's Mate (AW/NAC) David W. Soucy from Bristol, Conn.

A 20-year veteran recently assigned to Naval Services Training Command's Officer Training Command in Newport, Soucy says he became an instructor because he thought it was important to pass along the knowledge he gained during his career.

"Throughout my naval career I was taught to train my replacement. What better opportunity to train the next generation of Navy warriors than within the instructor community. Mastering your job is, in my opinion, the easy part of Navy life. Being able to pass your knowledge to others makes your talent much more essential," Soucy said.



Steve Vanderwerff/U.S. Navy photo

Vice Adm. Scott Van Buskirk, Chief of Naval Personnel and Deputy Chief of Naval Operations (Total Force), pins the Navy-Marine Corps Commendation Medal on Master Chief Aviation Machinist's Mate (AW/NAC) David W. Soucy on June 21 shortly after Soucy was recognized as the Naval Education and Training Command Senior Enlisted Instructor of the Year. The awards ceremony took place at the Navy Memorial, Washington, D.C.

"My success as an instructor was a complete team accomplishment, because I had the privilege to work with the finest chief's mess and Sailors in the fleet."

"Quality is never an accident," said Rear Adm. Don

Quinn, commander, Naval Education and Training Command. "It is always the product of deliberate intent, dedicated effort, and skillful execution. The instructors we honor today embody those characteristics in everything they do.

The quality of their work is reflected in the consistently successful fleet missions carried out every day around the globe. Our training remains an asymmetric advantage for us and

SOUCY, page 17

NWC admiral head of Navy division in 4th of July Parade

By BOB KREKORIAN
NAVSTA Public Affairs Staff

BRISTOL — Rear Adm. John Christenson, president of the Naval War College, will serve as the Navy division marshal and lead the Navy in Newport contingent in the 227th annual Bristol Fourth of July Parade next Wednesday at 10:30 a.m.

The parade is the highlight of the oldest continuous Independence Day celebration in the country. Historically, the Civic, Military, and Firemen's parade attracts 40,000 to 50,000 spectators along the 2.5 mile route.

The amphibious dock landing ship USS Carter Hall (LSD 50) is the scheduled visiting Navy ship and will moor outside Bristol Harbor on July 2. The ship's commanding officer, Cmdr. Damon Amaral, is a native of Coventry and some crew and officers will march in the parade.

The 610-foot ship, homeported at Naval Amphibious Base, Little Creek, Va., will host public tours July 3 to 5 from 1 to 5 p.m.

Visitors should antici-

pate a 30 to 40 minute launch ride to reach the ship at anchor. The first boat each day will leave from the Coast Guard Station at the foot of Constitution Street at 12:30 p.m. and then approximately every half hour for the remainder of the day.

There are no handicap access points and the tour includes climbing several flights of stairs throughout the ship. Children in strollers will have to be carried, as strollers cannot be pushed about the ship. Visitors are reminded to wear comfortable footwear (no heels/platform shoes). Parking on the Coast Guard pier is not authorized. Limited street parking is available nearby.

The Navy in Newport will be well represented. Officer Training Command and Navy Operational Support Center, Newport, will provide marching units.

Surface Warfare Officers School will provide a marching unit that will accompany a float carrying a replica of the amphibious assault ship

PARADE, Page 17



Navy file photo

The USS Carter Hall (LSD 50) is the scheduled visiting ship for the Bristol Fourth of July Parade next Wednesday.



Quick take

Name: YN2 Sang Van Nguyen
Job title: Administration, Military Support Staff
Command: Naval Station Newport
Home town: Fort Smith, Ark.
Most memorable career event: Landing on an aircraft carrier
Favorite duty station: NAVSTA Newport
Role model: Chuck Norris
Free time activities: Reading and working out
Favorite book: *Ben Bova Jupiter*

Favorite movie: *Star Wars*
Favorite TV show: *Adventure Time*
Favorite local restaurant: Sunrise
Favorite quote, motto or phrase: If I ever go looking for my heart's desire again, I won't look any farther than my own back yard. Because if it isn't there, I never really lost it to begin with.
Long-term goal in life: Be happy
If you could, what one thing would you add to NAVSTA Newport: Ultimate Frisbee team

Bravo zulu

Small businesses getting boost from NAVFAC contracts

WASHINGTON — The Navy's Office of Small Business Programs awarded the Secretary's Cup award to Naval Facilities Engineering Command (NAVFAC) for promoting acquisition opportunities for small businesses during a ceremony held at the Pentagon June 15.

Of 38,659 contracts awarded by NAVFAC last year, 25,296 went to small businesses.

"This award represents the combined results of strong leadership support, dedicated professional small business team efforts, and the focused collaboration efforts of all members of our acquisition teams across the command," said NAVFAC Small Business Director Venece McNeley.

NAVFAC exceeded all

government-wide program goals and targets, with 44 percent of the total dollars awarded going to small businesses. Additionally, the command surpassed all of its goals in contract awards to service-disabled veteran-owned small business, disadvantaged small business, and women-owned small businesses.

"It's an honor to be part of this win thanks to the efforts of an outstanding staff here in our Mid-Atlantic region that strives to maximize opportunities for small businesses," said Joe McGrenra, NAVFAC Mid-Atlantic's Deputy for Small Business.

McGrenra added that NAVFAC Mid-Atlantic is responsible for managing the planning, design, and

NAVFAC, Page 17



MU2 Stephanie Elcewicz/U.S. Navy photo

Senior Chief Musician Gregory Dudzienski, left, Navy Band Northeast's assistant director, is frocked to the rank of master chief June 13 during promotion ceremonies at NBNE. Pinning on collar devices are his wife, Stephanie Henriques, and CMDCM Charles Dassance, command master chief of the Naval War College and director of the Senior Enlisted Academy. Lt. Scott Mythen, NBNE director, read the official orders promoting Dudzienski to the rank of E9.



Greg Kohlweiss/U.S. Navy photo

SIX MORE – Cmdr. Henry Pierce, left, Executive Officer, Naval Station Newport, officiates at Boatswain's Mate 2nd Class Devlin Skipworth's reenlistment ceremony held in the Naval Station Newport's command headquarters, Building 690, with his fellow shipmates attending on June 25. Petty Officer Skipworth reenlisted for six more years.

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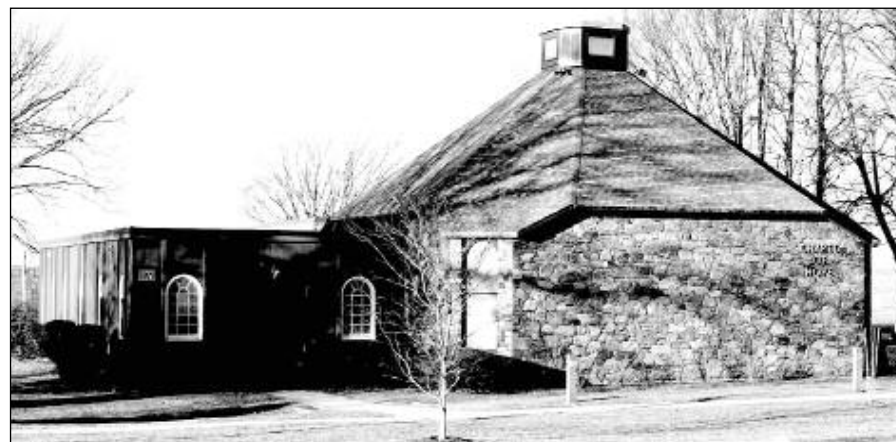
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Sunday Services - 7:45 AM & 10:30 Protestant Service
9:00 AM Roman Catholic Mass

Bravo zulu

Senior Enlisted Blended Class graduates 16 students today

The Senior Enlisted Academy's Blended Class 45 at Naval Station Newport will graduate 16 students today at 9 a.m. in Sims Hall at the Naval War College.

The following service members represent the U.S. Navy and U.S. Naval Reserves:

HMCS William Brown
MACS Samuel Chacon, USNR
EODCM Joshua Dowden

HMCS Judi Elliott, USNR
STSCS William Franklin
EMCS Ronald Gillespie, USNR
YNCS Steve Lopez, USNR
CECS Dale Loveland, USNR
LSCS William Lynch, USNR
HMCS Lisa Markworth, USNR
HMCS Thomas Mendenhall, USNR
EQCM Aramis Nahabedian, USNR
HMCS Barry Potoker, USNR
AECS Roderick Rivo, USNR
HMCS Daniel Thomas, USNR
QMCS Steven Wright, USNR

Letter of Appreciation

Roy Snow, Personal Support Detachment Newport, for service on the NAVSTA Equal Employment Opportunity (EEO) Committee/Diversity Committee, 1999-2012.

Certificate of Appreciation

Lisa Rama, NAVSTA Public Affairs Officer, for her support of the 27th annual National Holiday Celebration in honor of Dr. Martin Luther King Jr.'s birthday last January, from the Dr. Martin Luther King Jr. Birthday Celebration Committee and Newport County Branch NAACP.



MCCS Joel I. Huval/U.S. Navy photo

Senior Chief Personnel Specialist Horace White, Center for Service Support Personnel Specialist Training Manager, takes the Oath of Enlistment delivered by Lt. Cmdr. Eric Widman, the CSS Staff Operations officer, during his reenlistment for three more years held at CSS Headquarters June 20.

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Announcements

Hours of operation posted for Fourth of July holiday

Morale, Welfare and Recreation:

The following Morale, Welfare and Recreation Department facilities will observe their holiday hours of operation on Wednesday, July 4:

Gym 109 will be open 9 a.m. to 5 p.m.; Leisure Bay, 8 a.m. to 6 p.m.; Seaview Lanes Bowling Center, noon to 6 p.m.; Enlisted Club, noon to 6 p.m.; and Liberty Center, noon to 6 p.m.

The John F. Kennedy Child Development Center, School Age Care, Teen Center, MWR Administrative Offices, Auto Skills Center, ITT Office, Hewitt Hall Café, Outdoor Recreation Rental, Pool 307 and the Officers' Club will be closed.

Naval Health Clinic New England: closed.

Newport Commissary: open, 9 a.m. to 3 p.m.

Navy Exchange Main Store: open, 9 a.m. to 6 p.m.

NEX Greene Lane Mini Mart: open, 9 a.m. to 6 p.m.

NEX Bayside Gas Station: open, 9 a.m. to 6 p.m.

NEX Package Store: open, 9 a.m. to 6 p.m.



New to parenting? Workshop may help

EDITOR'S NOTE: Some of the Fleet and Family Support Center workshops and meetings require registration. Call 841-2283. FFSC will be closed in observance of the July 4th holiday next Wednesday.

The Fleet and Family Support Center has scheduled a workshop helpful to new parents.

Called, "Child Development from Birth to 5 Years Old," the workshop will be held Thursday, July 5, from noon to 1 p.m.

This program will cover developmental milestones and how to help children learn with their growth and development. It will be presented by the FFSC at the Child Development Center and include appropriate limit setting for different

developmental stages.

Call to register.

Here's a look at upcoming workshops and seminars:

—Sponsor Training, July 10, 1 to 2 p.m.

—Resumes that Work, July 12, 11:30 a.m. to 1 p.m.

—Life in Balance: Relaxation and Stress Relief, July 16, 1 to 3 p.m.

—Stress: Just when you thought life was Calm, July 18, 1 to 3 p.m.

—Communication: From Repair to Revival, July 23, 1 to 3 p.m.

—Reading Your Credit Report. Learn about information on credit reports at the Fleet and Family Support Center, July 24, 2:30 to 4 p.m.

—Thoughts and Feelings Seminar: Flooding, July 26, 1 to 3 p.m.

NEX Navy Uniform and Tailor Shop: open, 9 a.m. to 2 p.m.

NEX King Hall facility: closed

NEX Naval War College Bookstore: closed

Tall Ship liaison officers needed

Ocean State Tall Ships Festival is taking place in downtown Newport July 6-9, and uniformed military personnel are still needed to serve as ship liaison officers (SLOs).

Each ship will be assigned at least two SLOs who will report to the senior ship liaison officer.

For a complete job description, go to www.oceanstatetallships.com and click on "volunteer info" or call (401) 847-6787.

The Naval Station Newport Ocean State Tall Ships senior ship liaison officer is Cmdr. Andrew Woods, Navy Operational Support Center commanding officer, at 841-4550, ext. 101 or e-mail Andrew.wood@navy.mil

Thrift Shop now idle for summer

The Navy-Marine Corps Relief Society Thrift Shop will close for its summer break today and will re-open Tuesday, Aug. 14. Please do not place donation items in the

Sports

Intramural softball results

Morale, Welfare and Recreation Department Intramural Softball League regular season standings as of June 21 follow:

OTC.....4-0
PWD.....4-0
Charlie's Angels in the Outfield.....1-0
Warriors.....4-1
Ball Busters.....4-1
Dirt Dogs.....2-1
Devil Docs.....3-2
Puddle Pirates.....1-1
Hard Attacks.....2-6
Hard Corps.....1-3
SWOS.....1-3
Busker Skins.....1-4
MAWS.....0-2
Molar Bears.....0-4

OTC def. Molar Bears, 33-3

OTC def. Devil Docs, 13-10

Dirt Dogs def. Puddle Pirates, 13-2

Warriors def. Hard Corps, 6-0

Ball Busters def. Hard Attacks, 13-2

PWD def. Busker Skins, 13-0

Hard Corps def. Hard

Attacks, 17-4

Dirt Dogs def. MAWS, 17-7

Ball Busters def. SWOS, 22-9

OTC def. Hard Attacks, 9-6

Puddle Pirates def. Molar Bears, 18-1

Devil Docs def. Warriors, 14-12

Warriors def. Molar Bears, 29-2

Ball Busters def. Busker Skins, 11-2

OTC def. SWOS, 9-2

Hard Attacks def. MAWS, 19-5

PWD def. Hard Corps, 24-18

Devil Docs def. Dirt Dogs, 7-0

SWOS def. Devil Docs, 14-13

PWD def. Hard Attacks, 19-2

Busker Skins def. Hard Attacks, 18-14

Warriors def. Ball Busters, 13-2

Warriors def. Dirt Dogs, 34-4

Charlie's Angels in the Outfield def. Hard Corps, 10-9

bin during this period since volunteers will be unavailable to process them. Donors are asked to consider other charitable organizations during the NMCRS closure.

Tennis to salute military

Discount tickets are still available for the Campbell's Hall of Fame Tournament's Military Appreciation Day on Friday, July 13, at the International Tennis Hall of Fame.

The men's professional tennis tournament will be played July 9 to 15 and is the only tournament in New England played on grass courts.

Tickets on July 13 are half price for all active duty military, veterans and their families and there will be a center court salute to the armed services between all matches.

Tickets are available at www.tennisfame.com enter promotion code, "Honor," or call (866) 914-3263.

MWR has many job openings

Morale, Welfare and Recreation team provides recreation, dining, entertainment, childcare and physical fitness services to authorized patrons at Naval Station Newport.

MWR is looking for qualified candidates for the following job positions: group exercise instructors, fitness specialists, sales assistants (auto, coffee shop & Officers' Club), waiters, bartenders, sous chefs, cooks, food service workers, child/youth assistants and lifeguards.

Log on to <https://www.cnmc.navy.mil/CNRMA/About/AboutJobs> for detailed job descriptions and applications. For more information, email MWR Human Resource at marcie.lynn@navy.mil

July 4th

Picnic at the Pavilion

PICNIC BUFFET:
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FIREWORKS DISPLAY:
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Special events

Commissary plans Farmers Market

The Newport Commissary is putting on its best during the July 4th holiday period and authorized shoppers are invited to stop by for the festivities.

There will be a farmers market staffed by the produce department, today through Saturday, June 30, in front of the store. There also will be giveaways on Sunday, July 1 at 1 p.m.

Call 841-2111 for information.

Coastline defense lecture topic

The Artillery Company of Newport will sponsor a slide/talk presentation by author-historian Walter Schroder at the organization's headquarters and museum at 23 Clarke St. on June 30 at 6 p.m.

Schroder will discuss the role of Rhode Island's 243rd Coast Artillery Regiment in the defense of the state's coastline during World War II.

The talk is based on his book, *Defenses of Narragansett Bay in World War II*. A book signing will follow. The presentation is combined with a tour of the company's museum for which voluntary donations will be accepted. For information go to info@newportartillery.org or call 846-8488.

MWR Car Show returns July 7

The fourth annual Morale, Welfare and Recreation Department Car Show will return to Dewey Field next Saturday, July 7, from 9 a.m. to 2 p.m. The event is open free to the general public and will take place rain or shine.



Navalog file photo

CALLING ALL CAR LOVERS — A wooden replica of a '32 Ford advertizes the Morale, Welfare and Recreation Department's fourth annual Car Show that returns to Dewey Field, rain or shine, on Saturday, July 7, from 9 a.m. to 2 p.m. Admission is free, for spectators and it is open to the general public.

The show is open to all makes and models of cars and trucks for an entry fee of \$10 per car. Registration will be from 9 to 11 a.m. Judging of vehicles will be from 11 a.m. to 1 p.m.

There will be concession stands, and a Kids Zone for \$2 per child. Entry is through Gate 1 only.

For more information, call 841-3127.

Enjoy music with parade of sail

The Celebrate America concert on Dewey Field will coincide with the Ocean State Tall Ships Festival's parade of sail up the East Passage of Narragansett Bay on Monday, July 9. Gates onto the field open for base personnel at 11 with Gate 1 opening to the general public at noon.

Music will be by Wayz N Means at 12:30 p.m. and features Navy Band Northeast taking the stage at 3 p.m. Coolers, backpacks, glass bottles, pets, outside food and drinks are not allowed. Lawn chairs and blankets are welcome. Call 841-3127 for more information.

Bristol Fourth of July Parade

BRISTOL — The 227th Bristol Fourth of July Parade will step off next Wednesday at 10:30 a.m. The town's Independence Day celebration, established in 1785, is the oldest continuous observance of its kind in the United States.

This year's chief marshal is Antonio (Tony) Teixeira.

The parade will begin at Chestnut Street and Hope Street (Route 114) and end on High Street, between State and Bradford Streets. Hope Street will be closed off beginning at 8 a.m., including Poppasquash Road.

Go to <http://www.july4thbristolri.com> for more information.

SPECIAL EVENTS, Page 8

NEWPORTGRAND.COM

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WEDNESDAYS 8PM

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Stevie Worthington, 44, Newport Resident



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Special Events

Continued from Page 7

Upcoming events:

June 30-July 1

America's Cup World Series continues, CA45 catamarans racing in waters off Ft. Adams daily.

Fourth of July events

Fireworks are scheduled in Newport and the surrounding area next week in observance of Independence Day.

July 3 Fireworks:

—Bristol Harbor from Independence Park, 9:30 p.m. Go to http://www.july4th-bristolri.com/special_events.htm for additional information.

—Narragansett Independence Day Beach Party and Fireworks, noon to 10 p.m., at Narragansett Town Beach. The festivities will start mid-day with fun-filled activities on the beach, followed by a free public performance of the 88th Army Band at 5 p.m. on the deck of the North Beach Clubhouse. The festivities and the band will continue into the evening, culminating with fireworks display at 9 p.m.

Go to www.narragansettri.gov for information.

July 4 Fireworks:

—Newport Harbor, around 9 p.m. Parking is available at multiple locations including Fort Adams State Park and the Visitors Center. Call Newport City Hall, 845-5300 weekdays for information.

—Escobar's Dairy Farm, 133 Middle Road, Portsmouth, 9:30 p.m. This neighborhood event is privately funded by Louis Escobar at his farm. Donations welcome. Call (401) 683-1444.

—South Kingstown/Wakefield at Old Mountain Field, 875 Kingstown Road, Wakefield. Live entertainment and food at 5:30 p.m., with fireworks at 9 p.m. Call (401) 789-9301 for details.

—Providence India Point Park, 9:15 p.m. The celebration begins at 7:30 p.m. with music by the Rhode Island Philharmonic Orchestra Summer Pops. For information call (401) 421-2489.

July 7 Fireworks:

—Jamestown fireworks, sundown. The

show will be visible from East Ferry beach, which is along Canonicus Avenue. Parking is limited to streets and municipal lots. Music by Ryan Hart and the Blue Hearts starting at 7:30 p.m. in Veterans Memorial Square. At 8:15 p.m., the Jamestown Community Band will perform a patriotic concert which will lead into the fireworks display. Donations accepted. Call (401) 423-3117 or visit www.rockethogs.com for information.

July 5 — Ocean State Tall Ships Festival, sail training and privately-owned schooners, brigs, barques and other "Class B" Tall Ships arrive in afternoon.

July 6 — Ocean State Tall Ships Festival begins. Ships in Newport Harbor and waterfront area open for boarding, 10 a.m. to 5 p.m. Fee charged.

July 6 — Officer Candidate School (OCS) Class 1312, Officer Training Command Newport, graduation, 9 a.m., in Capt. Kay Hall. Rear Adm. Douglas McAneny, Commandant, National War College and National Defense University will address the graduates. Navy Band Northeast will provide appropriate ceremonial music. Call 841-1171 for information.

July 8 — Ocean State Tall Ships Festival continues with crew/cadet soccer tournament, 8 to 11 a.m. Ships open for boarding, 10 a.m. to 5 p.m., plus day sails aboard vessels. Fee charged. Crew/cadet cookout and Navy Band Northeast concert at 7 p.m.

July 9 — Ocean State Tall Ships Festival parade of sail from Newport Harbor, north up East Passage, noon. Concludes by 4 p.m.

July 9 — Morale, Welfare and Recreation Department's Celebrate America concert on Dewey Field. Field opens for patrons with Department of Defense decals at 11 a.m. The concert coincides with the parade of sail up Narragansett Bay for the finale of Ocean State Tall Ships Festival in Newport, July 6 to 9. Music by Wayz N Means and Navy Band Northeast. The general public may enter through Gate 1 only beginning at noon.

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NHCNE/Health Promotions Department

Pack sunscreen for summer in sun

By PAT BOOTH, RN
NHCNE Health Promotions Department

With summer comes the beach, picnics, sporting events, gardening, and with these activities comes incidental sun exposure. Whatever your interests might be remember to protect your skin.

It is often thought that we look healthier with a tan but the reality is a tan is a sign of damaged skin, leading to loss of elasticity, pre cancer and skin cancer. Those at higher risk are fair skinned people, but dark skin individuals can also burn and be damaged, just

not as quickly. Most lasting sun damage is done prior to age 18.

Since the sun's rays are the strongest between 10 a.m. and 4 p.m., it's important to minimize exposure during those hours.

If you must be outside, seek shade from trees or umbrellas, wear a hat and cover up as much of your body as you can with lightweight, cotton clothing and use sunglasses that provide 100 percent ultraviolet-A (UVA) and ultraviolet-B (UVB) protection.

Always (every day, sun or clouds) apply sunscreen with a sun protection factor

(SPF) of 15 or greater at least 30 minutes prior to sun exposure, and reapply every 2 hours or sooner.

Choose a sunscreen that offers both UVA and UVB protection and apply generously over all exposed areas of the body. Be conscious of the scalp and ears. Cheeks and the nose burn more readily so you might consider a physical sun block like zinc oxide or titanium dioxide often found in baby formulated sun blocks.

Babies under age 6 months should be kept out of the sun and do not use sunscreen or block on

them. Starting at age 6 months sun block can be used.

Below is the sun exposure index. Often the weather stations will have the index for your local area. This is helpful in determining what SPF to use.

Index Value	Exposure Category
0-2	Minimal
3-4	Low
5-6	Moderate
7-9	High
10+	Very High



IF YOU plan on baking in the sun, don't forget adequate sunscreen protection.

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Lisa Rama/U.S. Navy photo

BM2 Christopher Novitt, Naval Station Newport Port Operations, secures the bowline for the Brazilian Tall Ship Cisne Branco as she is positioned alongside Pier 2 last Saturday morning. The ship was at NAVSTA for a five day port visit and left Wednesday to support OpSail 2012/Fleet Week Boston.

Brazil's Tall Ship departs NAVSTA

NAVSTA Public Affairs Office

The 249-foot Cisne Branco, the full-rigged sail training ship of the Brazilian navy, left Pier 2, Naval Station Newport, on Wednesday morning after a five-day visit.

Among a number of "Class A" Tall Ships participating in OpSail 2012, its next stop is Fleet Week Boston. She will then sail south to participate in OpSail in Groton, Conn., from July 6 to 9.

The 152-foot tall clipper arrived Saturday morning and motored under the Pell Bridge to its berth at the pier, on the north side and closest to the quay wall.

The ship drew many Department of Defense civilians, retirees and other military visitors Sunday

and Monday. Members of the Navy League of Newport County, Newport and Middletown civic leaders, and state representatives, along with Navy Supply Corps School students, visited Tuesday.

Built in 1998 and homeported in Rio de Janeiro, the 152-foot tall clipper is among at least seven international windjammers participating in a multi-port commemoration produced jointly with the U.S. Navy to celebrate the bicentennial of the War of 1812.

Other Tall Ships representing national maritime academies are from Russia, Spain, Argentina, Ecuador and Mexico. The Coast Guard Academy's barque Eagle is representing the United States.

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Jon Dillworth/MWR photos
ABOVE: Jucileia Palomares, a recreation assistant with Morale, Welfare and Recreation Department, poses with members of the crew during her visit last Sunday. Palomares, of Brazilian descent, had an exclusive tour with her mother and aunt.

LEFT: The ship's polished brass bell bears the ship's name, Cisne Branco, and the date, 2000.



Jon Dillworth/MWR photo
THE BRAZILIAN colors fly from the ship's yardarms.



Jon Dillworth/MWR photo
SHIP'S EMBLEM shows the 'White Swan,' the Brazilian Portuguese translation of Cisne Branco.

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NAVSTA bids 'tchau' to Cisne Branco

Capt. Douglas Mikatarian, commanding officer of Naval Station Newport, presents Capt. Nelson Nunes Da Rosa, commanding officer of the Brazilian Tall Ship Cisne Branco, with a NAVSTA plaque commemorating the clipper's five-day visit to NAVSTA during a reception on Tuesday at the Officers' Club. The reception followed a tour onboard the clipper enjoyed by various NAVSTA tenant commanding officers, R.I. state Sen. Louis DiPalma, (D-Little Compton/Middletown); plus Middletown and Newport civic leaders.

Lisa Rama/U.S. Navy photo

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Warfare experts conduct review of SWOS Department Head course

LT. STEVEN GONZALEZ
Director of Strategic Communications

The Surface Warfare Officers School (SWOS) hosted the Human Performance Requirements Review (HPRR) of the Surface Warfare Department Head training curriculum, June 19 to 21.

During the event, a representative from the various stakeholders such as Afloat Training Group, Tactical Training Group, Fleet ASW Training Center, Naval Mine and Anti-Submarine Warfare Command, and Center for Surface Combat Systems assessed the Surface Warfare Department Head curriculum in an effort to improve the quality, effectiveness, and efficiency of common military training.

"We believe this HPRR will be invaluable," said Cmdr. Wyatt Chidester, SWOS director of maritime warfare. "We had more than 20 subject matter experts assessing the department head curriculum, with the goal of enhancing the quality of training that is delivered to our students."

After 50 years, the department head course remains



Lt. Steven Gonzalez/U.S. Navy photo

Lt. Cmdr. Brett Hudspeth of Tactical Training Group Atlantic (TACTRAGRULANT) utilizes the Conning Officer Virtual Environment (COVE) shiphandling simulator during a familiarization tour for the representative of the Human Performance Requirements Review (HPRR) of the Surface Warfare Department Head training curriculum.

the flagship course at SWOS. The department head curriculum remains the most demanding and in-depth professional course a Surface Warfare Officer will attend during his or her career.

This intensive 27 week

course prepares officers for duty as engineering, combat systems, weapons, operations, and deck department heads on all classes of Navy ships. The course is divided into two modules, Tactical Action Officer (TAO) and Opera-

tions, Readiness, Training & Engineering (ORT&E).

TAO is comprised of information operations, air and missile defense, surface warfare, undersea warfare, and expeditionary warfare. In addition to aca-

HPRR, Page 17

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The annual Six Flags Military Appreciation Day will be on Saturday, August 11. Purchase these special tickets at ITT before the event which includes park admission, all-you-can-eat two hour lunch buffet and parking for \$40 per person. The tickets are available for purchase for active duty personnel, retirees, reservists, family members, DoD employees, and contractors. For more information, call ITT at 841-3116.

Disney welcomes active duty

Walt Disney World offers a military special to four theme parks in Orlando, Fla. A four-day pass is offered for only \$135.50 each. Up to six tickets may be purchased per valid ID card and are available to active duty U.S. military personnel, retirees and spouses.

Tickets must be purchased and used by Sept. 30, and blackout dates are July 4 at Disney's Magic Kingdom only.

Purchase your tickets at the ITT office in Building 1255 which is open Wednesday through Friday, 10 a.m. to 6 p.m.

For information, call 841-3116.

Discounted tickets to downtown festivals

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- Newport Celtic Rock Festival (new event)
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- International Oktoberfest
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Building 684, 841-3420

Monday through Friday, 6:30 a.m. to 2 p.m.
Closed, weekends and holidays

Leisure Bay, Building 1255, 841-2088

Monday through Friday, 9 a.m. to 8 p.m.
(drive thru window is open 6:30 a.m. to 8 p.m.)
Weekends and holidays, 8 a.m. to 6 p.m.

Hewitt Hall Café, 841-4655

(NWC personnel only)

Monday through Thursday, 6:30 a.m. to 3 p.m.
Friday 6:30 a.m. to 2 p.m.
Closed, holidays

Summer Concert Series

O'Club Deck 5:30 to 8:30 p.m.

June 29 - The Choos
Acoustic Duo

July 6 - George Zecher
Steel Drum Band

July 13 - Will Worthy
Acoustic Classics &
Contemporary

Fish Fry Days

Every Friday Night

Choose from your favorite selection of fresh seafood



WEEKLY
SPECIALS

Details call 841-1442.



Wednesday \$10 STEAK NIGHT



Jon Dillworth/MWR photo

The Good Ol' Boys, from left, Alex Jaques, on bass; Steve Sherman, on drums; and Billy Leetch, vocals and acoustic guitar; plus Andrew Archer, electric guitar (not shown) play high energy country at the Summer Concert Series at the Officers' Club outdoor deck last Friday. Tonight it's The Choos, an acoustic duo, from 5:30 to 8:30 p.m. Every Friday night at the club is also Fish Fry-Days until 10 p.m. For more information, call 401 841-1442.



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The Aft Lookout



NWC Museum Archives photo

Under the instruction of an unidentified chief boatswain's mate, Navy recruits are taught how to rig the side of a ship for scraping and painting at the Newport Naval Station during World War II.

Soucy

Continued from Page 3

these instructors deliver it every day."

Chief of Naval Personnel Vice Adm. Scott Van Buskirk presented each winner with a Navy-Marine Corps Commendation Medal and a plaque.

"We are an expeditionary force that operates globally," said Van Buskirk. "When our ships and our squadrons deploy, they must be self-sustaining. Furthermore, the Navy's leading-edge technology today is growing ever more complex every day. Our ability to meet the mission, to respond quickly to crises and eliminate threats depends wholly on the expertise and critical thinking skills our Sailors have learned — taught by our exemplary instructors here today — in the nearly 2,000 training courses provided by NETC.

"After learning more

about your accomplishments, and now meeting you all in person, I think what impresses me most is your passion for instructing," Buskirk said.

Soucy suggests to anybody considering instructor duty to remember that individuals do not learn in exactly the same manner.

"Some students learn by lecture, some learn by discussion, and still others learn by simulation," explained Soucy. "The biggest advice I could offer as an instructor is to realize that while one technique may work for one student, the same technique may not work for the next. Always checking for the proper comprehension is vital to passing the information you wish to teach."

Others announced were: Lt. j.g. Evan P. Aluise from Richardton, N.D., was selected the Officer Instruc-

tor of the Year. He is currently assigned to Naval Nuclear Power Training Command (NNPTC) in Goose Creek, S.C., He teaches thermodynamics, heat transfer and fluid flow in nuclear propulsion applications.

Navy Diver 1st Class(DSW/PJ) Brandon L. Hamilton, a native of Gary, Ind., was selected Mid-Grade Enlisted Instructor of the Year. He is assigned to the Center for Explosive Ordnance Disposal and Diving's (CEODD) Learning Site, Great Lakes, Ill.

Gunner's Mate 2nd Class(SW) Andrew R. Liley from Wichita Falls, Texas, was named the Junior Enlisted Instructor of the Year. He is currently assigned to the Center for Security Forces, Naval Technical Training Center, Lackland Air Force Base, Texas.

NAVFAC

Continued from Page 4

construction of shore facilities for the U.S. Navy from Maine to North Carolina.

Small business outreach was another key factor in NAVFAC winning the award this year, as small business specialists and key acquisition personnel participated in 252 outreach events throughout the year, reaching more than 46,000 attendees worldwide.

"These efforts aid in

building stronger relationships with our small business industry partners in prime and subcontracting," said McNeley.

NOTE: NAVFAC ran a special data query to extract this information. For Fiscal 2011, there were 26 separate awards to Rhode Island firms with a total award amount of \$16.6 million.

HPRR

Continued from Page 13

demographic studies, students will participate in the Multi-Mission Team Trainer (MMTT) where they will demonstrate their proficiency as a TAO.

ORT&E module consists of Department Administration, Training Management, Afloat Safety, Leadership, Shiphandling, Anti-Terrorism, Material Readiness, Damage Control, Billet Specialty Training and a Tactical Planning Exercise. Approximately 300 students attend the department head course each year.

"These reviews are an opportunity to increase fleet and service readiness by reviewing and validating our existing training requirements," said Capt. Richard A. Brown, SWOS commanding officer.

"The HPRR reviews allow for us to identify new training requirements based on

technological advances; new tactics, techniques and procedures (TTPs) and community doctrine."

Originally introduced in December 2005, HPRRs are conducted on a regular basis at learning centers owned by the Naval Education and Training Command (NETC) and establish a systematic approach to identify training shortfalls more effectively within the fleet, as well as connecting training to rate and community management.

"This assessment will assure improved instruction for our students," said Brown. "The feedback we receive from our stakeholder through processes such as this HPRR enable SWOS to provide the most effective training to our students ensuring that we are sending the best trained and battle ready officers to the fleet."

Parade

Continued from Page 3

USS Wasps.

Naval Health Clinic New England and Marine Corps Detachment Newport will each provide a color guard.

Spectators are advised to arrive early because of parking restrictions along the parade route, limited access into Bristol, traffic

congestion, and road closures.

Large parking lots are open to the public at the corner of Hope Street and Gooding Avenue.

For more parade information, visit www.july4th-bristolri.com

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Morale, Welfare and Recreation Fitness Classes: Stop by Gym 109 and pick up the fitness schedule. There are a variety of classes including yoga, cycling, Zumba® and TRX® Suspension Trainer system. Classes are taught at Gym 109 as early as 5:30 a.m. and as late as 6 p.m., and there are classes seven days a week.

There is no need to pre-register; just show up and get fit. They are free for active duty; \$1 for reservists, eligible family members, and retired; and \$2 for Department of Defense personnel.

Call Gym 109 at 841-3154 for more information.

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able seven days a week to send and receive e-mail, surf the worldwide web, play games — all free. Have a cup of Starbucks coffee at the Coffee Shop while you're here.

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Recreation Center

(Building 656, 841-4293.)

Enter through Seaview Lanes)

Bowling hours of operation are:

Monday through Thursday, 11 a.m. to 8 p.m.; Friday 11 a.m. to 10 p.m.; Saturday, 1 to 11 p.m.; Sunday, 1 to 8 p.m.; and federal holidays noon to 6 p.m.

Rates: \$3.50 per game and \$2.25 for shoe rental.

Xtreme Bowling (every Saturday, 8 to 11 p.m.) Rates are \$10 per hour, per person or \$4 per game and \$2.25 shoe rental.

Birthday party packages are available from \$10 to \$15 per

child, depending on meal and regular/Xtreme bowling.

Special fitness activities

(Gym 109, 841-3154)

• **NAVSTA Sprint Triathlon returns.** The fifth annual Naval Station (NAVSTA) Newport Sprint Triathlon will take place Sunday, July 29, beginning at 7:15 a.m.

The one-third mile saltwater swim is set in a sheltered, shallow and clear water cove with a view of the decommissioned aircraft carrier Saratoga. After the swim, competitors will head to a large transition area and proceed on a 10.5-mile bike ride on and off the Navy property following along Narragansett Bay.

The final leg of the challenge is a three-mile run through NAVSTA. Entry fees are: active duty personnel, eligible family members, retirees and reservists, \$30; DoD civilians, \$45; general public

and contractors, \$60; and two/three member teams, \$75. To receive an event T-shirt patrons must be registered by Friday, July 13. After Friday, July 13 registrations costs go up \$10 each.

For more information, contact Christina Savoie at Gym 109 at (401) 841-7355 or e-mail christina.savoie@navy.mil.

• **July is Ultraviolet (UV) Safety Month.** Protecting ourselves and our families from the danger of too much sun exposure is essential in guaranteeing a happy, healthy summer. The fitness staff at Gym 109 will have information to help you protect yourself and your loved ones from the sun.

Pool 307

(Building 307, 841-6628)

Cornell Swim Academy youth swimming lessons are offered July 2-30. Registration dates are June 25-30. The class costs \$56 for four weeks and classes take place Monday through Friday between

3 to 6 p.m.

For more information, email cornellswimacademy@hotmail.com or call Pool 307 at 841-6628.

Liberty Center

(Recreation Center Building 656, 841-3054)

Hours of operation are Monday to Thursday, 4 to 8 p.m.; Friday, 4 to 10 p.m.; Saturday, noon to 10 p.m.; Sunday, noon to 8 p.m.; and holidays, noon to 6 p.m.

June events

Tonight—Wiffle Ball games outside of Liberty Center!

June 30—Mystic Aquarium Trip!

July events

July 1—Texas Hold'em Tournament, with prizes, 6 p.m. Free beach shuttle for Liberty Center patrons.

July 2—Billiards Tournament, 6 p.m. Prizes!

July 3—Movie Night, with free popcorn!

July 4—Free Pizza Night, while its lasts!

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2012 Chevrolet Cruze LT
 Blue Metallic, 106 Miles! WOW! #11308A **\$23,977**

2012 Chevrolet Malibu LT
 Silver Ice, 3.6L V6, 5478 Miles! #12874A **\$23,977**

2011 Chevrolet Equinox LT
 24K Miles, Silver, Jet Black Ext. #9038 **\$23,977**

2008 Chevrolet Silverado 1500 LT
 Automatic, Silver, 28K Miles! #9070 **\$24,977**

2008 Ford Edge Limited
 Navigation, 3.5L V6, 35K Miles! #9051 **\$24,977**

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 3.7L V6, Auto, 19K Miles! #9085 **\$24,977**

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 6CL V8, White, 21K Miles! #9090 **\$27,977**

2011 GMC Savana 3500 LT
 6CL V8, White, 21K Miles! #9090 **\$27,977**

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 Inf. Orange, V6, 3600 Miles! #11357A **\$42,977**

2011 GMC YUKON XL Denali
 Automatic, Silver, 25K Miles! #9049 **\$49,977**

2011 Chevrolet Camaro SLP 585HP 2SS
 WOW!! Fast V6, 5000 Miles! #9098 **\$57,977**

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